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2018-19 Medical Form

Health history (first three pages) must be completed by the parent/guardian of minors. Update of this information is required annually. The Health examination must be completed by an approved licensed medical authority.

Last Name	First Name	MI
Address		
City	State	Zip Code
Date of Birth	Gender	Grade

Insurance Information

Is the participant covered by family medical/hospital insurance? Yes No

If so, indicate carrier or plan name _____ Group # _____

➔ Photocopy of front and back of health insurance card must be attached to this form.

This health history is correct and complete as far as I know. The person herein named has permission to engage in all sport team activities except as noted.

I hereby give permission to Five Points Runners Track Club, Inc. to provide, seek and consent to routine health care, administration of prescribed medications and emergency treatment for me/my child, as may be necessary, including, but not limited to x-rays, routine tests and treatment, and/or hospitalization. I also give permission to Five Points Runners Track Club, Inc. to arrange related transportation. I agree to the release of any records necessary for treatment, referral billing or insurance purposes.

It is my intention that Five Points Runners Track Club, Inc. be treated in loco parentis if the person herein named is a minor. Further, it is my intention that the appropriate representatives of the Five Points Runners Track Club, Inc. be treated as "personal representatives" for the purposes of disclosing protected health information pursuant to the privacy regulations promulgated

pursuant to the Health Insurance Portability and Accountability /Act of 1996. I hereby agree (pursuant to 45 CFR § 164.510(b)) to the disclosure to Five Points Runners Track Club, Inc. representatives of the protected health information of the person herein described, as necessary: (i) to provide relevant information to the Five Points Runners Track Club, Inc. representatives related to the person's ability to participate in athletic activities; and (ii) in the case of minors, to provide relevant information to the Five Points Runners Track Club, Inc. representatives to keep me informed of my child's health status.

In the event I cannot be reached in an emergency, I hereby give permission to the physician selected by the Five Points Runners Track Club, Inc. to secure and administer treatment, including hospitalization, for the person named above.

This completed form may be photocopied for trips/team athletic events.

Parent's or Guardian's Name (PRINT) _____

Parent's or Guardian's Signature _____ Date: _____

Health History

The following information must be completed by the parent/guardian. The intent of this information is to provide the Team the relevant information to provide the appropriate care should it be required. Please keep a completed copy for your records. Any change should be reported to the Team immediately.

Allergies List all known

Describe reaction and management of reaction.

Medication allergies (list)

Food Allergies (list)

Other allergies (list)

Medications Being Taken

Please list ALL medications (including over-the-counter or nonprescription drugs) taken routinely.

This person takes NO medications on a routine basis.

This person takes medications as follows:

Med #1	_____ Dosage	_____ Specific times taken each day	_____
Reason for taking	_____		
Med #2	_____ Dosage	_____ Specific times taken each day	_____
Reason for taking	_____		
Med #3	_____ Dosage	_____ Specific times taken each day	_____
Reason for taking	_____		
Med #3	_____ Dosage	_____ Specific times taken each day	_____
Reason for taking	_____		

Restrictions

The following restrictions apply to this individual.

Dietary

Does not eat:

red meat
 pork
 eggs
 poultry
 seafood
 dairy products
 gluten
 nuts
 other (describe) _____

General Questions (Explain "yes answers below.)

Has/does the participant:		Yes	No	Has/does the participant:		Yes	No
1.	Had any recent injury, illness or infectious disease?.....	<input type="checkbox"/>	<input type="checkbox"/>	15.	Ever been diagnosed with a heart murmur?.....	<input type="checkbox"/>	<input type="checkbox"/>
2.	Have a chronic or recurring illness/condition?.....	<input type="checkbox"/>	<input type="checkbox"/>	16.	Ever had back problems?.....	<input type="checkbox"/>	<input type="checkbox"/>
3.	Ever been hospitalized?.....	<input type="checkbox"/>	<input type="checkbox"/>	17.	Ever had problems with joints (e.g., knees, ankles)?.....	<input type="checkbox"/>	<input type="checkbox"/>
4.	Ever had surgery?.....	<input type="checkbox"/>	<input type="checkbox"/>	18.	Have any skin conditions (e.g., itching, rash, acne)?.....	<input type="checkbox"/>	<input type="checkbox"/>
5.	Have frequent headaches?.....	<input type="checkbox"/>	<input type="checkbox"/>	19.	Have diabetes?.....	<input type="checkbox"/>	<input type="checkbox"/>
6.	Ever had a head injury?.....	<input type="checkbox"/>	<input type="checkbox"/>	20.	Have asthma?.....	<input type="checkbox"/>	<input type="checkbox"/>
7.	Ever been knocked unconscious?.....	<input type="checkbox"/>	<input type="checkbox"/>	21.	Had mononucleosis in the past 12 months?.....	<input type="checkbox"/>	<input type="checkbox"/>
8.	Wear glasses, contacts or protective eye ware?..	<input type="checkbox"/>	<input type="checkbox"/>	22.	Had problems with diarrhea/constipation?.....	<input type="checkbox"/>	<input type="checkbox"/>
9.	Ever had frequent ear infections?.....	<input type="checkbox"/>	<input type="checkbox"/>	23.	If female, have an abnormal menstrual history?..	<input type="checkbox"/>	<input type="checkbox"/>
10.	Ever passed out during or after exercise?.....	<input type="checkbox"/>	<input type="checkbox"/>	24.	Ever had an eating disorder?.....	<input type="checkbox"/>	<input type="checkbox"/>
11.	Ever been dizzy during or after exercise?.....	<input type="checkbox"/>	<input type="checkbox"/>	25.	Ever had emotional difficulties for which professional help was sought?.....	<input type="checkbox"/>	<input type="checkbox"/>
12.	Ever had seizures?.....	<input type="checkbox"/>	<input type="checkbox"/>				
13.	Ever had chest pain during or after exercise?.....	<input type="checkbox"/>	<input type="checkbox"/>				
14.	Ever had high blood pressure?.....	<input type="checkbox"/>	<input type="checkbox"/>				

Please explain any "yes answers, noting the number of the question(s)

Which of the following has the participant had?	Please provide all dates of immunizations for:
<input type="checkbox"/> Measles	Vaccine
<input type="checkbox"/> Chicken Pox	Mo/Yr Mo/Yr Mo/Yr Mo/Yr Mo/Yr Mo/Yr
<input type="checkbox"/> German Measles	DTP
<input type="checkbox"/> Mumps	_____
<input type="checkbox"/> Hepatitis A	TD (tetanus/diphtheria)
<input type="checkbox"/> Hepatitis B	_____
<input type="checkbox"/> Hepatitis C	Tetanus

	Polio

	MMR

	or Measles

	or Mumps

	or Rubella

TB Mantoux Test	Haemophilus influenza B
Date of last test	_____
Result: <input type="checkbox"/> Positive <input type="checkbox"/> Negative	Hepatitis B

	Varicella (Chicken Pox)

Use this space to provide any additional information about the participant's behavior and physical, emotional or mental health about which the Team should be aware

Name of family physician	Phone
Address	

Health Care Recommendations by Licensed Medical Personnel

I examined this individual on the following date: _____

BP _____ Weight _____ Height _____

In my opinion, the above individual is is not able to participate in active track and field programs.

The individual is under the care of a physician for the following conditions:

Signature of Licensed Medical Personnel _____
Printed _____ Title _____
Address _____
Phone _____ Date _____