



October 2012

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2	3 Practice 5:30 – 6:30 East 6 th Street Track	4	5	6
No Practice 7	Columbus Day 8	9	10 Practice 5:30 – 6:30 East 6 th Street Track	11	12	13
14 Grete's Gallop 1.7 miles 8:30 am Central Park – 72 nd & 5 th Avenue	15	16	17 Practice 5:30 – 6:30 East 6 th Street Track	18	19	20
21 Youth Jambouree The Armory	22	23	24 Practice 5:30 – 6:30 East 6 th Street Track	25	26	27
28 Practice 9:30 – 11:00 East River Park	29	30	31 No Practice (Halloween)			

EVENTS

Grete's Gallop

Central Park. All runners meet at 72nd & 5th Avenue at **7:30**

Youth Jambouree

New Balance Track & Field Center at the Armory. All runners meet at Grades Pre-K thru 5: 8:00 a.m. Grades 6 and older: 12:00 noon

Armory Address
216 Fort Washington Ave
NYC 10032