



2022-23 Relay Team Selection Policy

Objective

The objective of the Relay Team Selection Process is to ensure the best possible teams are selected to represent the Five Points Runners Track Club (FPR) at development/championship events. It is expected that selected relay team members will represent FPR with respect, integrity and sportsmanship. Team members are reminded that they represent the entire Five Points Runners Track Club.

In the interests of all Five Points Runners Club members, this policy also serves to provide clarity and transparency to the selection process.

All FPR runners, coaches, team assistants and parents are expected to abide by this policy.

General Selection Principles

Coaches will implement the team's philosophy of maximum participation at events, unless otherwise stipulated at the beginning of the selection process. Selection for relay teams at meets is based on the following process:

- 1) Coaches will consider all available runners in a pool to be able to establish team(s)
- 2) Runners' times are reviewed and can be derived from any of the following sources:
 - a) USATF/AAU sanctioned competitions
 - b) Running events where times are recognized by USATF/AAU or NYRR (including splits)
 - c) Official Club Time Trials
- 3) Coaches make selections using some or all of the following:
 - a) Official competition times by runners
 - b) A development opportunity for a runner as defined by the coaches. Coach may utilize selection of the relay team(s) to develop a runner that they believe would gain from the experience.
 - c) Results from individual scores when competing at an event
- 4) Coaches at times will have to consider runners of equal abilities in selecting teams and may also consider other factors that include but are not limited to:
 - a) Athlete potential
 - b) Effort and attitude during practice
 - c) Injury or any other reason for challenges to performance
 - d) Any reason for extraordinary performances
- 5) Coaches, where possible, will publish a roster of entrants (includes selected relay team members and alternates) prior to the competition.
- 6) Final relay team(s) will be confirmed prior to the competition date as the meet allows.
- 7) Information on prospective or final relays and/or deliberations of relay teams will be considered completely confidential until an official announcement is made.